

## PERSONAL INFORMATION

FLORENTA MILEA

## WORK EXPERIENCE

- 20/07/2001–Present KINETOTERAPEUT PRINCIPAL  
SPITALUL CLINIC DE URGENTA BAGDASAR-ARSENI, SECTIA ATI, BUCURESTI (Romania)
- 01/01/2008–Present KINETOTERAPEUT PRINCIPAL  
CABINET RECUPERARE MEDICALA LORAMED, BUCURESTI (ROMANIA)

## EDUCATION AND TRAINING

- 01/10/1997–01/07/2001 LICENTIAT IN KINETOTERAPIE LICENTA 4 ANI  
ACADEMIA NATIONALA DE EDUCATIE FIZICA SI SPORT, BUCURESTI (ROMANIA)  
SEF DE PROMOTIE
- 01/10/2009–01/07/2011 MASTER NUTRITIE SI REMODELARE CORPORALA MASTER 2 ANI  
UNIVERSITATEA NATIONALA DE EDUCATIE FIZICA SI SPORT, BUCURESTI (ROMANIA)  
SEF DE PROMOTIE
- 03/2000–04/2000 STUDENT EXCHANGE PROGRAMME  
THE SCHOOL OF PHYSIOTHERAPY, MANCHESTER ROYAL INFIRMARY, MANCHESTER (UK)
- 11/04/2000 HANDLING AND MOVING IN THE ENVIRONMENT OF THE BED  
DISABLED LIVING, MANCHESTER (UK)
- 12/09/2007–13/09/2007 SIMPOZION NOUTATI PE PLAN MONDIAL IN METODELE DE  
KINETOTERAPIE SI RECUPERARE MEDICALA EDITIA A 4-A  
UNIVERSITATEA ECOLOGICA BUCURESTI
- 14/09/2007–17/09/2007 PARTICIPARE LA AL 30-LEA CONGRES NATIONAL ANUAL DE  
MEDICINA FIZICA SI DE RECUPERARE  
SOC ROM DE MEDICINA FIZICA SI DE RECUPERARE, BUCURESTI (ROMANIA)
- 03/04/2009–04/04/2009 SIMPOZION INTERNATIONAL -ACTUALITATI SI TENDINTE IN  
RECUPERARE PACIENTULUI CI INFIRMITATE MOTORIE  
CEREBRALA  
SOCIETATEA ORTOPEDICA DE PROTEZARE SI ORTEZARE DIN ROMANIA, BUCURESTI  
(ROMANIA)
- 03/2014–03/2014 MEDICAL TAPING CONCEPT-BASIC COURSE

PHYSIOTAPE INTERNATIONAL ACADEMY, BUCURESTI (ROMANIA)

11/04/2014 ADVANCED PROFESSIONAL-MEDICAL TAPING APLICAT IN SPORT  
PHYSIOTAPE INTERNATIONAL ACADEMY, SIGHISOARA (ROMANIA)

13/04/2014 ADVANCED PROFESSIONAL- MEDICAL TAPING APLICAT IN AFECTIUNI NEUROLOGICE  
PHYSIOTAPE INTERNATIONAL ACADEMY, SIGHISOARA (ROMANIA)

17/03/2017–18/03/2017 ABSOLVENT AL CURSULUI RECUPERAREA NEUROMOTORIE IN PATOLOGIA VASCULARA CEREBRALA  
SOCIETATEA ROMANA DE NEUROCHIRURGIE, BUCURESTI (ROMANIA)

11/03/2017–11/06/2017 SPECIALIZARE IN DRENAJ LIMFATIC MANUAL SI TERAPIE DECONGESTIVA DR. VODDER  
PHYSIO SPORT THERAPY ACADEMY, BUCURESTI (ROMANIA)

30/06/2017–09/07/2017 ABSOLVENT CURS TERAPIA 3D A SCOLIOZEI METODA SCHROTH  
ORTOPROFIL, TARGU MURES (ROMANIA)

PERSONAL SKILLS

Mother tongue(s) ROMANA

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
ENGLEZA	B2	B2	C1	C1	B2
FRANCEZA	A2	A2	A2	A2	

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
[Common European Framework of Reference for Languages](#)

Job-related skills

- CAPACITATE DE ACOMODARE/PERFECTIONARE LA MEDIU DE MUNCA NOU, AVAND IN VEDERE CA IN SPITAL LUCREZ PE O SECTIE DESPRE CARE NU AM INVATAT PREA MULTE IN FACULTATE
- CAPACITATE DE INVATARE CONTINUA, PENTRU A PUTEA ACORDA CEL MAI BUN AJUTOR PACIENILOR INTERNATI PE TERAPIE INTENSIVA
- ABILITATI DE INVATARE-PREDARE STUDENTILOR UNEFS, IN URMA UNEI COLABORARI CU ACEASTA, PRIN CARE STUDENTII AU VENIT LA CABINET/SPITAL
- DEZVOLTAREA CONTINUA A PERCEPTIEI PERSONALULUI MEDICAL ASUPRA A CEEA CE INSEAMNA MESERIA DE FIZIOTERAPEUT

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving

Proficient user	Proficient user	Independent user	Independent user	
-----------------	-----------------	------------------	------------------	--

Digital competences - Self-assessment grid